



LOWER KOOTENAY BAND

3425 HWY 21/Old Community Rd, Creston, BC V0B1G2 PH: (250) 428-9834 / FAX: (250) 420-0357

July 2023

Monday	Tuesday	Wednesday	Thursday	Friday
3 Clinic Closed – In Lieu of Canada Day	4 Diabetes Nurse 1pm–3:30pm	5	6	7 Navigator 1:30-3:30pm Community Meals p/u 10am–2pm
10 Dr. Grahn 1pm-4:30pm	11 Dr. Jordan 1-4pm Diabetes Nurse 1pm–3:30pm	12 Foot Care 9am-12pm	13 Physiotherapy 10am-2pm	14
17	18	19	20	21 Navigator 1:30-3:30pm Community Meals p/u 10am–2pm
24	25 Dr. McKellar 1-4pm	26	27 Physiotherapy 10am-2pm	28 Navigator 1:30-3:30pm
31				

*If you would like an appointment with a physician, please call Chantelle at the Health Centre Monday through Friday from 8:30am – 3:30pm 250-428-9834 or email healthreception@lowerkootenay.com).

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Foot Care Clinic!

Lisa's Mobile Foot Care clinic will be on **Wednesday, July 12th**
from 9am – 12pm at the Wilfred Jacobs Building Health Centre.

Please call MOA Chantelle @ 250-428-9834 to book an
appointment



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TOXIC DRUGS IN BC AND THE EAST KOOTENAY AREA

There have been multiple toxic drug alerts for BC and the East Kootenay Area. Once received by our health staff, these drug alerts are posted within the LKB Health Centre and on the “Lower Kootenay Health” Facebook page. These drugs often have high amounts of fentanyl, carfentanyl, and benzodiazepines.

****Please be aware that we have Naloxone Kits, Fentanyl Drug Testing Strips, and Harm Reduction Supplies (Safe Drug Use Supplies) available at the Lower Kootenay Band Health Centre****

Accessing these safe drug use supplies is **CONFIDENTIAL. Being educated on how to use safe drug use supplies is CONFIDENTIAL.**

Questions about safe drug use?? Interested in sobriety support?? Call LKB RN Gwen or RN Jenn via confidential cell:
Gwen: (250) 977-5985 Jenn: (250) 977-1046

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For community members that have out of town appointments and request for patient travel, please see the procedure outline listed below as per our finance department. If you have further questions, please feel free to contact us 😊.

Cheque Processing Procedure

The following are the procedures for cheque processing:

Cheque requisition cutoff day is every Wednesday, cheques are processed every Friday.

- Contact the appropriate Department and make your request
- Department will submit cheque requisition to the Finance Department
- Finance Department - gets invoices approved by the Director of Operations
- Finance Department - processes the requisition
- Director of Finance - approves the requisition
- Finance Department - prints cheques and gets signed by Council
- Finance Department - processes signed cheques and disburses cheques to Department Head when necessary.

Please remit your requests for Patient Travel as soon as you know when your next appointment is. Cheques cannot be processed without going through these procedures. If you miss the cutoff date, a cheque will be processed for you the following week pending your submission of your Confirmation of Attendance form.

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COMMUNITY MEALS FOR JULY!

Friday, July 7th – Frybread pizza



Friday, July 21st – Spaghetti w/garlic toast



*****Please note that you must call to reserve your meals and all meals must be picked up at the Wilfred Jacobs Building from 10am–2pm*****

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DO YOU AND YOUR FAMILY UTILIZE THE GLEANERS FOOD BANK?

**OUR HEALTH TEAM IS DEDICATED TO HELPING OUR COMMUNITY
MEMBERS AND HAVE RECENTLY TEAMED UP WITH THE LOCAL
FOOD BANK TO OFFER HAMPER PICK-UPS AND DELIVERIES TO
YOUR HOME! ALL YOU NEED TO DO IS CONTACT THE FOOD BANK
250-428-4107 TUESDAYS & FRIDAYS FROM 9AM – 1PM AND
REQUEST YOUR FOOD HAMPER (YOU MUST PROVIDE
PERMISSION FOR OUR STAFF TO PICK UP YOU ORDER). ONCE
YOU'VE PROVIDED THE DETAILS TO THE FOOD BANK STAFF CALL
OUR CHANTELE @ THE LKB HEALTH CENTRE 250-428-9834 AND
ONE OF OUR HEALTH STAFF WILL BE GLAD PICK UP YOUR
HAMPER AND DELIVER IT TO YOUR HOME 😊**

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